ADHKAAR FOR MORNING AND EVENING

(Please refer to page 9 for transliteration key)

Whatever we recite of these adhkaar, we must firmly believe and be struggling to attain, lest we be lying.

أَﻋُوذُ بِكُلِمَاتِ ﷲِ ﺧَلَـﻕِبِﻜَﻠِﻤـﺎتِ ﻣَﺎ شَـﺮﱢ ﻣِﻦْ تَـأَمّـﺎتِ

“A’oodhu bikalimaatil-laahit-taammaati min sharri maa khalaq.”

“I seek refuge in Allaah’s perfect words from the evil of His creation.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “The one who says when evening enters… three times, then not even the poison would harm him that night.”

Three Times in the evening  (page 119)*


Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “The servant who says in the morning of every day and in the evening of every day… three times, nothing will cause him any harm.”

Three Times in the morning and evening  (page 123)*


Seven Times in the morning and evening  (page 118)


1 Morning adhkaar are to be read after the break of dawn until sunrise, and evening adhkaar are to be read after ‘Asr until Maghrib.

2 That which is in plain text is to be read only in the morning, and that which is in bold is to be read only in evening.
“Ô Allaah, by Your leave we have reached the morning/evening and by Your leave we have reached the evening/morning, by Your leave we live and die and unto You is our resurrection/our return.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “When any of you gets up in the morning let him say … and in the evening let him say...”

**ONCE in the morning and evening** *(page 111)*

أَصْبِحْنَا أَمْسِينَا عَلَى فَطْرَةِ الإِسْلَامِ، وَعَلَى كُلِّيَةِ الإِخْلَاصِ، وَعَلَى دِينِ نَبِيْنَا مُحَمَّدٍ صَلِي اللهُ عَلَيْهِ وَسَلَّمُ مُنْحِيِّنَاء مُسْلِمَا وَمَا كَانَ مِنَ المُشْرِكِينَ.

“Asbhaana/ Amsaynaa ‘alaa fitratil-Islam, wa ‘alaa kalimatil-ikhlaas, wa ‘alaa deeni nabiyyinaa Muhammadin sallallaahu ‘alayhi wa sallam, wa ‘alaa millati abeenaa Ibraaheema ḥaneefam-muslimaa, wa maa kaana minal-mushrikeen.”

“We have reached the morning/evening upon the fitrah of Islaam, and the word of sincerity, and the religion of our Nabiyy Muhammad, peace be upon him, and the orientation of our forefather Ibraaheem (peace be upon him), who was a Haneef Muslim and of true faith and was not of those who associate others with Allaah.”

Ubayy ibn Ka’b (radiyaullaahu ‘anhu) said: Rasoolullaah (sallallaahu ‘alayhi wa sallam) taught us to say when we rise in the morning … and to say the same when we reach the evening.”

**ONCE in the morning and evening** *(page 129)*

اللَّهُمَّ مَا أَصْبَحْتُ أَمْسِيًّا بِمَنْ نَعْمَةٍ أَوْ بِأَحَدٍ مِّنْ خَلْقِكَ، فَمِنكَ وَحْدَكَ لا شَرْيِكَ لَكَ، فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ.

“Allaahumma maa asbaha/ amsaa bee min-ni’mah, aw bi aḥadim-min khalqik, faminka wahdakaa laa shareeka lak, falakal-ḥamdul walahsh-shukru.”

“Ô Allaah, whatever grace has been my share this morning/ evening, or the share of any of Your creation is from You alone, without partner, so for You is all praise and unto You all thanks.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “Whosoever says … has indeed offered his day’s thanks, and if one says the same when evening arrives has indeed offered his night’s thanks.”

**ONCE in the morning and evening** *(page 116)*

اللَّهُمَّ إِلَيْنَا أَصْبَحْتُ أَمْسِيَتُ أَشْهِدْكَ، وَأَشْهِدُ حَمْلَةَ عَرْشِكَ، وَمَلائِكَتُكَ، وَجَمِيعَ خَلْقِكَ، أَنَّكَ أَنْتَ اللَّهُ إِلَّا أَنْتَ وَحْدَكَ لَكُ، وَأَنْكَ مُحْمَّدًا صَلِي اللهُ عَلَيْهِ وَسَلَّمُ عَبْدُكَ وَسَلَّمُ.”

3 Fitrah: the natural, innate state of every human being, in which Allaah (subhaanahu wa ta’aala) wants us to remain.
4 Haneef: one who has dedicated himself with sincerity to the natural tendency of tawheed which is imbued in every human being.
“Allahumma innee asbahtu / amsaytu ‘ush-hiduk, wa ‘ush-hidu ḥamalata ‘arshik, wa malaa’ikataka wa jamee’a khalqik, annaka antallaahu laa ilaaha illaa ant, laa sharika lak, wa anna Muḥammadan sallallaahu ‘alayhi wa sallama ‘alayhi wa sallama ‘abduka wa rasooluk.”

“Ô Allaah, verily I have reached the morning/ evening and call on You, the bearers of Your Throne, Your angels, and all of Your creation to bear witness that You are Allaah, none has the right to be worshipped except You alone, without partner, and that Muhammad, peace be upon him, is Your servant and messenger.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “If anyone says in the morning or evening... then Allaah will free a quarter of him from the fire. Whosoever says it twice, Allaah will free half of him from the fire. Whosoever says it three times, Allaah will free three-quarters of him from the fire. Whosoever says it four times, Allaah will free him from the fire [completely].”

Four Times in the morning and evening (page 114)*

“Raḍeetu billaahi rabbāa, wa bil-Islaami deenāa, wa bi Muḥammadin sallallaahu ‘alayhi wa sallama nabiyyaw-wa rasoolāa.”

“I am pleased with Allaah as Lord, and Islaam as a way of life, and Muhammad, peace be upon him, as a nabiyy and a rasool.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “The one who says when he wakes up in the morning and when evening arrives... it will become a right upon Allaah to please him and accept him.”

Three Times in the morning and evening (page 123)*

“Allahumma anta rabbee laa ilaaha illaa ant, khalaqtanee wa anaa ‘abduk, wa anaa ‘alaa ‘ahdika wa wa’dika mastaqta’t, a’oodhu bika min sharri ma sana’t, aboo’u laka bini’matika ‘alayya wa aboo’u bidhambee, faqghir lee, fa’innahu laa yaghfiru-dhunooba illaa ant.”

“Ô Allaah, You are my Lord, none has the right to be worshipped except You. You created me and I am Your slave and I abide by Your covenant and promise as best I can. I take refuge in You from the evil which I have committed. I acknowledge Your favor upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “The best of istighfaar (seeking forgiveness) is ...

“Whosoever says it during the day, with conviction, and then dies that day before night falls will be of the people of Paradise. And whomsoever says it at night, with conviction, and then dies before day break will be of the people of Paradise.”

ONCE in the morning and evening (page 113)*

"Ó Allah, send prayers upon our master Muhammad and upon the followers of our master Muhammad, just as You sent prayers upon our master Ibraaheem and upon the followers of our master Ibraaheem. Verily, You are full of Praise and Majesty. Ó Allah, send blessings upon our master Muhammad and upon the followers of our master Muhammad, just as You sent blessings upon our master Ibraaheem and upon the followers of our master Ibraaheem, in the worlds. Verily, You are full of Praise and Majesty."

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “Whomsoever invokes blessings upon me when he wakes up in the morning ten times and ten times when he reaches the evening, my intercession will reach him on the Day of Judgment."

**Ten Times in the morning and evening** *(page 79)*

"Subhaanallaah wa bihamdih."

“How perfect Allah is and I praise Him.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “Whosoever says... one hundred times during the day, his sins are wiped away, even if they are like the foam of the sea.”

In another narration: “Whomsoever says when he enters upon the morning and when he enters upon the evening... one hundred times, will not have anyone come on the Day of Resurrection with anything better than he has brought, except for someone who has said as he has said or has said more.”

**One-Hundred Times in the morning and evening** *(page 267)*

"Subhaanallaah wi bihamdih, ‘adada khalqi, wa ridaa nafsih, wa zinata ‘arshih, wa midaadakalimaati.""

“How Perfect and Exalted Allah is and I praise Him by the number of His creation, and the pleasure of His Self, and by the weight of His Throne, and the ink to record His words and signs.”

Juwairiyah, Mother of the believers (radiallahu ‘anhaa) narrated that once Rasoolullaah (sallallaahu ‘alayhi wa sallam) went out of his house when she was offering the Morning Prayer. When he came back in the forenoon, she was still seated there. Observing this, he said: ‘I recited four words three times after I left
you and if these were weighed against what you have recited since morning then these would outweigh them...”

Three Times in the morning and evening (page 124)*

“Asbahnaa wa asbahal/ amsaqnaa wa amsal-mulku lillaah, walahamdu lillaah, laa ilaaha illallaah wa maleekah, ash-hadhu anna la huwa 'alaa kulli shay'in qadeer. Rabbi as aluka khayra maa fee hadhan-nahaari/ hadhihil-laylati wa khayra maa ba'dah/ ba'dahaa. Wa a'oodhu bika min sharri maa fee hadhan-nahaari/ hadhihil-laylati, wa sharri maa ba'dah/ ba'dahaa. Rabbi a'oodhu bika min 'adhaabin finnaari wa min 'adhaabin filqabir”

“We have reached the morning/evening and at this very time unto Allaah belongs all Sovereignty, and all praise is for Allaah. None has the right to be worshipped except Allaah, alone, without partner, to Him belongs all sovereignty and praise and He has power over all things. My Lord, I ask You for all good of this day/night and the good of what follows it and I take refuge in You from the evils of this day/night and the evil of what follows it. My Lord, I seek refuge in You from laziness and from the evil of old age. My Lord, I seek refuge in You from torment in the fire and punishment in the grave.

Rasoolullaah (sallallaahu ‘alayhi wa sallam), when he entered upon the evening used to say ... and when he entered upon the morning he would say...”

ONCE in the morning and evening (page 109)*

“Allahumma ‘aalimal-ghaybi wash-shahaadah, faaa’tiras-samaawaati wal-’ard, rabba kulli shay’uwa wa maleekah, ash-hadhu anna la huwa 'alaa nafsee wa min sharri nafsee waa shikrih, wa’an aqtaari fa ‘alaa nafsee soo’aa, aw ajorrahu iliya muslim.”

“Ô Allaah, Knower of the world of the unseen, and the world manifest, Creator of the heavens and the earth, Lord and sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my own nafs and from the evil and shirk of the shaytaan, and from committing wrong against my nafs or bringing such upon another Muslim.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “Say, if you have entered upon the morning or have entered upon the evening...Say it when you enter upon the morning, and when you enter upon the evening, and when you have taken to your place of sleep...”

ONCE in the morning and evening (page 121)*
Allaahumma innee as'alukal-'afwa wal-'aafiyata fid-dunyaa wal'aakhirah, allaahumma innee as'alukal-'afwa wal-'aafiyata fee deenee wa dunyaya wa ahllee wa maalee. Allaahumma astur 'awraatee, wa 'aamin raw'aatee. Allaahumma-a'h fa'dhee nee mim-bayni yadayya wa min khalfee, wa 'an yameenee wa 'an shimaalee, wa min fawqee, wa a'oodhu bi'a'dha matika'an oughtaala min ta'hte.

“Ô Allaah, I ask You for pardon and well-being in this life and the next. Ô Allaah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. Ô Allaah, do not expose my defects and deficiencies and change my fears into peace and security. Ô Allaah, protect me from in front of me and from behind me, and from my right side and from my left side, and from above me, and I seek refuge in Your greatness that I be swallowed from beneath me.”

ONCE in the morning and evening (page 119)*

A man came to Abd ad-Dardaa' (radyallahu 'anh) and said: “Abu ad-Dardaa', your house has burnt down.” He (radyallahu 'anh) responded: “It has not burnt down. Allaah would not let it happen so, because of some words about which I heard Rasoolullaah (sallallaahu 'alayhi wa sallam) saying that whoever says them at the beginning of the day, then no affliction will reach him until the evening, and
whoever says them at the end of the day, then no affliction will reach him until morning. [Those words are]...”

**ONCE in the morning and evening**

اللهِمَّ عافيني في بَدنِي، اللهِمَّ عافيني في سَمَعِي، اللهِمَّ عافيني في بَصَري، لا إِلَهَ إِلَّأَنَّتَ.

“Allaahumma ‘aafinee fee badanee, allaahumma ‘aafinee fee sam’ee, allaahumma ‘aafinee fee basaree, laa ilaaha illaa illaa ant.”

“Ô Allaah, grant me safety and health in my body. Ô Allaah, grant me safety and health in my hearing. Ô Allaah, grant me safety and health in my sight, there is no God besides You.”

اللهِمَّ إِنِّي أُعْوُدُ ْبَكَ مِنَ الْكَغْفِرِ وَ الْقَفْرِ وَ أُعْوُدُ ْبَكَ مِنْ عَذَابٍ فِي الْقُبْرِ، لا إِلَهَ إِلَّا أَنَّتَ.

“Allaahumma innee a’oodhu bika minal-kufri wal faqr, wa a’oodhu bika min ‘adhaabil-qabr, laa ilaaha illaa illaa ant.”

“Ô Allaah, I seek refuge in You from disbelief and poverty, and I seek refuge in You from the punishment of the grave, there is no God but You.”

*Abu Bakrah (raddiyallaahu ‘anh) said: “I heard Rasoolullaah (sallallaahu ‘alayhi wa sallam) pray with it and I wish to abide by his sunnah (sallallaahu ‘alayhi wa sallam).”*

**Three Times in the morning and evening** *(page 117)*

اللهِمَّ إِنِّي أُعْوُدُ ْبَكَ مِنَ الأَرْبَعِ: مِنْ عَلَمِ لا يَنْفَعُ، وَ مِنْ قَلْبِ لا يَحْسَبُهُ، وَ مِنْ نَفْسِ لا تَشْبَعُ، لا وَ مِنْ دُعَاعِ يَسَعُ.

“Allaahumma innee a’oodhu bika minal-arba’: min ‘ilmin laa yanfa’, wa min qalbin laa yakhsha’, wa min nafsin laa tashba’, wa min du’ain laa yusma’.”

“Ô Allaah, I seek refuge in You from four: knowledge which is not beneficial, a heart which is not humble, a self which does not find satiation, and a supplication which is not heard.”

**ONCE in the morning and evening**

اللهِمَّ أَقْسِمَ لَنِي مَنْ حَصَبَكَ مَا تَحْوَلُ بِهِ بَيْنِي وَ بَيْنِ مَعْصِيَتِكَ، وَ مِنْ طَاعَتَكَ مَا تُبَلَغْنِي بِهِ جَنَّتَكَ، وَ مِنْ الْيَقِينِ مَا تُهْوِنُ بِهِ عَلَى مَصَّا بَيْنِ الْذَّنْيا.

“Allaahumma aqsim lee min khashyatika maa tahoolu bihi baynee wa bayna ma’siyatak, wa min laa’atika maa tubalighunee bihi jannatak, wa minal-yaqeeni maa tuhawinu bihi ‘alayya masaa’ibad-dunya.”
"Ô Allaah, bestow upon me a share of fear from You which will prevent me from disobeying You, and bestow upon me a share of obedience with which You will take me to Your jannah, and bestow upon me a share of certainty with which You lighten the effects of the hardships and tribulations of this dunyaa on my heart.”

**ONCE in the morning and evening**

Allaahumma innee da’eeefun fagawwee fee ridaaka da’fee, wa khudh ilal-khayri binaasiyatee, waj’al il-islaama muntahaa ridaaay. Allaahumma innee da’eeefun faqwinee, allaahumma innee dhaleeelen fa a’izzeen, allaahumma inne faqeereen.”

"Ô Allaah, I am weak, please strengthen in (the pursuit of) Your pleasure my weakness, and compel me by my forelock into (doing) good, and make (full) submission to You my ultimate satisfaction. Ô Allaah I am weak, strengthen me. Ô Allaah, I am abased (by my sins), dignify me (by Your obedience). Ô Allaah, I am destitute, enrich me.”

**ONCE in the morning and evening**

Allaahumma innee as’aluka hubbaka wa hubba man yanfa’unee hubbuhu ‘indak. Allaahumma maa razaqtanee mimmaa uhibb, fa’alhu lee quwwatan fee maa tuhibb. Allaahumma maa zawayta anni mimmaa uhibb, fa’alhu lee faraaghah fee maa tuhibb.”

"Ô Allaah, I implore You for Your love and the love of the one whose love benefits me with You. Ô Allaah, whatever You have bestowed upon me of what I love, let it be strength for me in what You love. Ô Allaah, whatever You withhold from me of what I love, let it be free time/freedom for me in what You love.”

**ONCE in the morning and evening**

Laa ilaaha illa Allaahu wa dahu laa sharika lah, lahuul-mulku wa lahuul-‘amd, wa huwa ‘alaa kulli shay’in qadeer. ”

"None is worthy of worship except Allaah, alone, without partner. To Him belongs all sovereignty and praise, and He has power over all things.”

Rasoolullaah (sallallaahu ‘alayhi wa sallam) said: “Whomsoever says… a hundred times during the day, has the reward of freeing ten slaves, a hundred good deeds are recorded for him, a hundred bad deeds are wiped away and he has gained refuge from the devil that day until evening and none shall come with anything better except someone who has done more.”
One-Hundred Times in the morning and evening (page 265)*

* Page references correspond to Hisnul-Muslim (Fortification of the Muslim through Remembrance and Supplication)

**GUIDE TO READING TRANSLITERATION:**

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<th>Short Vowels:</th>
<th>Long Vowels:</th>
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<td>Fathah- a</td>
<td>Fathah with madd (long vowel)- aa</td>
</tr>
<tr>
<td>Dammah- u</td>
<td>Dammah with madd (long vowel)- oo</td>
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<td>Kasrah with madd (long vowel)- ee</td>
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